

National Institute of Competitive Exams

An Academy for **CSS | PMS** Preparations

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خود شناسائی اور اصلاح ذات کا سفر بھی ہے

Certainly! CSS can be a journey of self - discovery and self -

improvements:

Dialectical Process: The process of preparing for competitive exams is dialectical, involving the synthesis of various perspectives and ideas, leading to a more comprehensive and nuanced understanding of oneself and the other world.

Exploration of Identity: Just as characters in literature explore their identities, individuals preparing for competitive exams undergo a similar exploration, gaining clarity on their values, ambitions and life goals.

Existential Inquiry: The process prompts deep existential questions about one's purpose, values and goals, leading to a greater understanding of one's place in the world.

Inner Strength: The journey of preparing for CSS exams reveals your inner strength and resilience, showing you how much you can endure preserve.

Socratic Method: Much like the Socratic method, the preparation process involves continuous questioning, self – examination and critical thinking, leading to greater self – awareness.

Conflict and Resolution: Preparing for competitive exams introduces internal and external conflicts, which, when resolved, lead to self – improvement and a stronger sense of self.

Faith and Belief: The process often involves maintaining faith in your abilities and universe's plan, deepening your spiritual belief and trust.

Mindfulness: Studying for long hours requires a high level of focus and concentration, fostering a practice of present – moment awareness.

Self – Reflection: The challenges and setbacks encountered provide opportunities for deep self – reflection, helping you understand your true self and your life's purpose.

Letting Go: The process teaches you to let go of attachment to outcomes and control, promoting a sense of surrender and acceptance.

By viewing the preparation for competitive exams through a literary lens, one can appreciate the depth and richness of this journey as a powerful narrative of self – discovery and self – improvement.

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